

Zomer Reformer AUGUSTUS 2026						
MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
					10u30 ReFoRMeR	1 2
3 ReFoRMeR 18u30 20u30	8u 9u ReFoRMeR 17u30 18u30 19u30	4 9u 10u ReFoRMeR 18u30 20u30	5 8u 9u ReFoRMeR 17u30 18u30 19u30	6 9u 10u ReFoRMeR 17u30 18u30	7	8 9
10 8u 9u 10u ReFoRMeR 17u30 18u30 19u30 20u30	11 ReFoRMeR 17u30 18u30 19u30 20u30	12 8u 9u 10u ReFoRMeR 18u30 20u30	13	14	15	16
17 ReFoRMeR 19u30 20u30	18 8u 9u 10u ReFoRMeR 18u30 20u30	19 9u ReFoRMeR 17u30 18u30 19u30 20u30	20 8u 9u 10u ReFoRMeR 18u30 19u30	21 9u ReFoRMeR 17u30 18u30	10u30 ReFoRMeR	22 23
24 9u ReFoRMeR 17u30 18u30 20u30	25 8u 9u 10u ReFoRMeR 18u30 19u30 20u30	26 9u 10u ReFoRMeR 17u30 18u30	27 ReFoRMeR 18u30 19u30 20u30	28 8u 9u ReFoRMeR 17u30 18u30	29 9u30 10u30 ReFoRMeR	30 8u30 ReFoRMeR
31 9u 10u ReFoRMeR 17u30 18u30						

Zomer SGT AUGUSTUS 2026						
MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
					9u30 FaT BurNer	1 2
3 19u30 PiLaTeS mAt		4 19u30 PiLaTeS mAt	5	6 17u30- 19u15 vrije training	7	8 9
10 19u30 STReTCH & MoBiLiTy		11 19u30 FaT BurNer	12	13	14	15 16
17	18 19u30 FaT BurNer	19	20 19u30 STReTCH & MoBiLiTy	21 17u30- 19u15 vrije training	22 9u30 PiLaTeS mAt	23
24 19u30 PiLaTeS mAt	25	26 19u30 STReTCH & MoBiLiTy	27	28 17u30- 19u15 vrije training	29	30 9u30 FaT BurNer
31 19u30 STReTCH & MoBiLiTy						

Zomer Paal AUGUSTUS 2026						
MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
					10u30 Chupa Chup	1 2
3 19u Warmst 20u30 Warmer	4 19u HOT wings 20u30 RoTaTioN	5 19u Warm 20u30 Warmst	6 19u Warmer 20u30 Warm	7 17u30- 19u15 vrije training	8	9
10 20u30 exHOTic	11 19u Warmst 20u30 Warm	12 20u30 Chupa Chup	13	14	15	16
17 19u Warmst 20u30 Warmer	18 20u30 Chupa Chup	19 19u Warm 20u30 Warmst	20 20u30 Pretty Cool	21 17u30- 19u15 vrije training	22 10u30 Warm	23
24 20u30 PoLyPoLe	25 19u Warmst 20u30 Warm	26 20u30 Choreo Magico	27 19u Warmer 20u30 Warm	28 17u30- 19u15 vrije training	29 10u30 Warmst	30 10u30 Chupa Chup
31						